

GREECE KITE & SAIL CAMP 2023

Only for The Action Cruise ASD Members*

Improve your kite and wing skills in The Magic Land of Meltemi on board a Sailing Catamaran



Kite - Foil - Wing | Intermediate / Advanced

Where: **Cyclades, Greece**

How long: **7 days**

Camp Fee: **2200 – 2600 euro / kiter**

Catamaran: **Lagoon 500**

How many kites: **Max 9**

Beginners: **Max 1, for more beginners contact us**

Wind: **Meltemi 12-35 Kts**



During this **Kite & Sail Camp in Greece**, thanks to the **reliable and strong Meltemi** in the Cyclades islands, you will **kite and wing from a Sailing Catamaran in unconventional and secured kite spots**, perform **kite and wing downwinds** and **open sea passages**, improve **IKO Safety Procedures** and learn **basics of sailing navigation** in the Magic land of Meltemi.

*To request membership: www.theactioncruise.com/join

The Camp starts in Paros - Paroikia Marina and the catamaran will sail through central Cyclades islands looking for the best spots and conditions for kite and wing sessions, lessons and coaching. Paros, Antiparos, Small Cyclades, Mykonos, Rinia, Milos and other secret spots.

DATES

Greece 1) **04 Jul - 11 Jul**

Greece 2) **12 Jul - 19 Jul**

Greece 3) **20 Jul - 27 Jul**

Greece 4) **28 Jul - 04 Aug**

Greece 5) **05 Aug - 12 Aug**

Greece 6) **14 Aug - 21 Aug**

Greece 7) **22 Aug - 29 Aug**

Greece 8) **30 Aug - 06 Sep**



WHERE AND WHEN

Paros Island, Paroikia Marina:

<https://goo.gl/maps/dbefHSYGkKG2>

Boarding: 18.30 @ First day

Disembarkation: 09.00 @ Last day

IN THE CAMP

- **Kite – Wing and Sail Camp 7 days long**, onboard a **Lagoon 500 Fly Bridge** Catamaran in the **Greek Cyclades**
- **Coaching & Training** on how to kite and wing from a sailing boat and managing unconventional kite spots, kite and wing downwind, open sea passages and IKO safety procedures
- **Spot Guidance and Rescue**
- **3 Crew Members** managing Sailing and Kiting Activities and Food
- **Photos and Videos**, Drone and Camera to improve kite and wing level through media analysis
- **Breakfast, Lunch, Dinner**
- **NEWS: Wing** North KB 2022- 2023 available onboard
- **SUP**
- **Wakefoil and Wakeboard** (light riders) on light wind days
- Safety Boat for **Rescue and Assistance**
- The Action Cruise ASD **Annual Membership**

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ON REQUEST

- **Private Kite Lessons** for beginners, intermediate, advanced kites
- **Assistance Plus**
- **Wing Foil Lessons** for beginners
- North KB 2022-2023 **Kite & Wing Gear**

NOT IN THE CAMP

- **Flights and Transportation**
- 3 - 4 **dinners outboard** on land
- **Alcoholics**

CAMP PARTICIPATION FEE and CONDITIONS

- **1 kiter in double cabin shared with another kiter: 2.600 euro**
50% at confirmation - 50% before 15 May
- **group of max 9 kites requesting a Camp with the entire catamaran: 21.000 euro**
30% at confirmation - 20% before 1 Mar - 50% before 15 May



4 For Members who has joined a Camp at least twice in the last 2 years:

- **1 kiter in double cabin shared with another kiter: 2.500 euro**
50% at confirmation - 50% before 15 May
- **group of max 9 kites requesting a Camp with the entire catamaran: 20.000 euro**
30% at confirmation - 20% before 1 Mar - 50% before 15 May



Cancellation Policy for Personal Reason

This policy applies to any reason of cancellation by the member included Covid positivity or illness:

- Before 1 April, refund of the 90% of the amount paid
- Between 1 April and 60 days before the date of beginning of the Camp, refund of the 50% of the amount paid
- After 60 days before the date of beginning of the Camp refund not possible

The 10-euro annual Membership Fee is never refundable.

In any case The Action Cruise will make a reasonable effort to find a substitute Member and to provide a partial refund voucher. The amount of the voucher is established by The Action Cruise. No voucher will be given if The Action Cruise is unsuccessful in finding a substitute kiter. The Action Cruise reserves the right to fill the place with a staff member or partner. In this case, no refunds will be provided.



SAILING AND KITING AREA

The Action Cruise Kite & Sail Camp in Greece will start from Paros. The Catamaran will sail through the islands of the central Cyclades looking for the best spots with the most favourable conditions for kite sessions, lessons and coaching.

Paros, Antiparos, Small Cyclades, Mykonos, Rinia, Milos and other secret spots. If Meltemi is off, it is possible to sail to Peloponnese to catch West Wind.

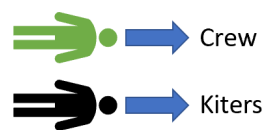
Itineraries are not binding, and the actual itinerary can be adjusted by The Action Cruise because of unforeseen circumstances or other reasons like wind and weather conditions.



CATAMARAN LAGOON 500 MYSTIQUE

- 15.5 m Sailing Catamaran, built 2009, fully refitted 2018
- 9 Kitters + 3 Crew
- 4 Double Cabins + 1 Single Cabin for Kitters
- 1 Double Cabin + 1 Single Cabin for Crew
- 5 Toilettes with Showers
- Tender for lessons, coaching, rescue and assistance
- Fly Bridge
- Watermaker, Air Conditioning (used only in the marina)
- Inverter, Auxiliary Generator

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KITING POLICY

Kiting level required

The Kite & Sail Camp in Greece is open to kilters with an intermediate/advanced level: kilters need to be able to ride upwind consistently in every wind condition, control the kite on the land, body drag upwind, relaunch the kite from water, body drag to their lost board and self-land the kite with chicken loop quick release.

Kilters who are not confident with all the previous skills must declare their ability and **will take Beginner's Lessons or the Assistance Plus package during the camp.**



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Coaching and Rescue included in the Camp program

Coaching & Training on how to kite from a sailing boat and managing unconventional kite spots, kite downwind, open sea passages and IKO Safety Procedures is included in the Camp. The setting up, the taking off and the landing of the kite will be done sometimes from the catamaran, kite instructor will help and assist the kilters.

Kilters can count on the assistance of a 4 m, 20 hp tender. Tender is available for rescue and assistance in case of problems, not for lifting upwind kilters who are not able to kite upwind. In this case, kilters have to request Beginner's Lessons or the Assistance Plus package.

Lessons for Beginners on request (Kite & Wing)

Lessons are carried out by IKO instructors. Students are assisted and followed by tender (safety boat) with radio communication via BB Talkin. Kite gear is provided by The Action Cruise (wetsuit and shoes are not provided). Max 1 beginner on board per period. It is possible to welcome more beginners only in case of group of kites requesting a camp with the entire catamaran. Beginner's lessons are delivered in the quantity of max 1h per day per beginner according to wind conditions and spot availability. More lessons are possible in case of groups of kites requesting a camp with the entire catamaran.

Assistance Plus on request

For independent riders who need help to start from the onshore beaches or to come back to the offshore beaches or want to feel safer during days with challenging conditions or in technical spots. Assistance plus consists of 3 lifts per day.

Kite & Wing Gear on request

Kite & Wing gear is only for intermediate/advanced kites. Kite gear must be requested in advanced and is subjected to availability.

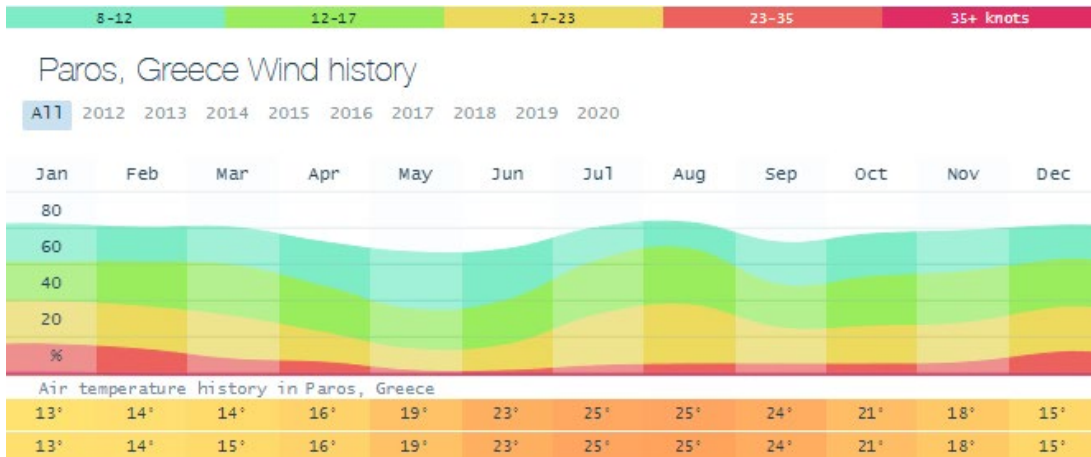


WEATHER AND STATISTICS

During summer the local Meltemi wind is strong and reliable, providing endless days of kitesurfing.

Meltemi is blowing from the North with an intensity between 12 and 30 kts.

A 3 - 2 mm shorty wetsuite is advised for strong Meltemi days and sunset sessions. For beginners long wetsuit 3 mm and shoes.



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USEFUL TIPS AND INFO

How to get there

Paros Island, Paroikia Marina:

- Fly to Paros (PAS) + 15 min taxi to Paroikia Marina
- Fly to Mykonos (JMK) + 1 h ferry from Mykonos harbour (MYK) to Paroikia (PRK)
- Fly to Athens (ATH) + 4/6 h ferry from Athens harbour (ATH) to Paroikia (PRK)
- The Action Cruise is not organizing flights and transfers to and from the boarding place

Participation Requirements

- Valid Membership for The Action Cruise ASD for 2023*
- Valid Health Certification for Sportive Activities
- Personal Medical Travel Insurance covering accidents, medical treatments and search and rescue
- Insurance covering damages to third parties during kitesurfing activities, mandatory ones:
 - Safetytool VDWS: www.vdws.de/it/safetytool
 - or
 - IKO kitesurfing Insurance: www.ikointl.com/kitesurf-insurance

*To request membership: www.theactioncruise.com/join



Joining the Camp as Solo Traveller

There are three possibilities for this Kite & Sail Camp:

- Small Single Cabin **2.300 euro | 2.200 euro ***
- Double Cabin shared with another kiter **2.600 euro | 2.500 euro ***
- Double Cabin dedicated **5.100 euro | 4.900 euro ***

Setup can be selected according to availability.

* The Reduced Camp Fee is reserved for Members who has joined a Camp at least twice in the last 2 years.

Small Single Cabin

As for the single cabin, keep in mind the following:

- It is well ventilated with 2 windows and has a little shelter to store personal items and clothes
- It doesn't have a private bathroom, you will share the toilet of the crew's or other kiter's cabin
- The access is only from the external deck throughout the hatch on the bow of the boat
- The cabin has no floor, when you will enter you will step-in directly on the mattress.
- There is very little space to store clothes, you will have to keep them partly in the small cabin partly in a small bag in the living area



Joining the Camp as Beginner Kiter

In Case of Beginner Kiter joining the Camp there are 2 different cases:

- Beginner joining the Camp with a group of kites requesting the entire catamaran: it is possible to welcome on board more than one beginner, write to kite@theactioncruise.com for more info. Beginner's lessons are delivered in the quantity of max 1h - 2h per day per beginner according to wind and spot conditions.
- Beginner joining the Camp with other kites: the admission on board is related to how many beginners are already on board at the time of the request. Usually it is admitted only 1 beginner per period. Write to kite@theactioncruise.com for more info. Beginner's lessons are delivered in the quantity of max 1h per day per beginner according to wind and spot conditions.

What I will learn during the Camp

- IKO safety standards and procedures
- Different techniques on how to launch and land from a sailing boat
- How to define a spot to be suitable for anchoring the boat and kiting from the boat
- Self-launching, Self-landing, Self-rescue
- Safety procedures to manage unconventional spots like onshore, offshore, and tiny beaches
- How to plan and run a kite-downwind in open sea
- Safety procedures to rescue a kiter by the sailing boat in open sea
- Effective upwind body drag in very low or strong wind



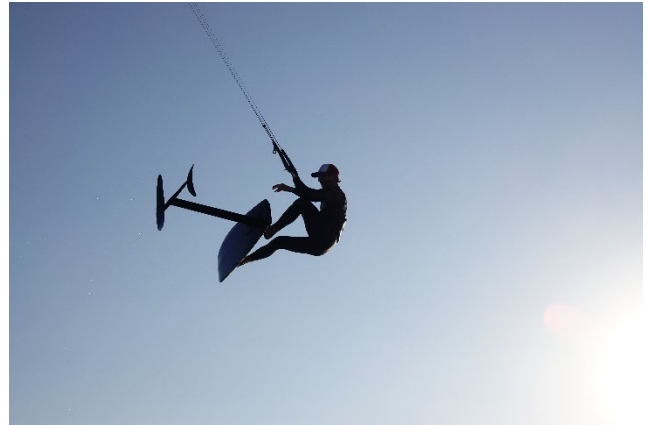
Kite Foil, Wing Foil and Downwinds

Kite foilers and Wing foilers are welcome on board, all the spots are foil friendly.

Kite / Wing downwinds are possible for expert riders, hopping from island to island followed by the catamaran.



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CONTACTS

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