

GRENADINES KITE & SAIL CAMP 2023-2024

Only for The Action Cruise ASD Members*

Improve your kiting skills in The Grenadines Islands on board a Sailing Catamaran



Kite Level: **Intermediate / Advanced**

Where: **Grenadines, Saint Vincent and The Grenadines**

When: **December/January**

How long: **10 days**

How many kites: **Max 8**

Catamaran: **Lagoon 450**

Beginners: **Max 1, for more contact us**

Wind: **Trade Wind 12-25 Kts, most used kites 10m – 15m**

Camp Fee: **3350 euro / kiter****



During this **Kite & Sail Camp in The Grenadines**, thanks to the **reliable Trade Wind and high temperatures** during winter, you will **kite from a sailing catamaran in unconventional and secluded kite spots**, perform kite downwinds and open sea passages, improve IKO Safety Procedures and learn basics of sailing navigation.

*To request membership: www.theactioncruise.com/join

**3050 euro / kiter in single cabin

The Camp starts in Le Marin, Martinique and the catamaran will sail through The Grenadines islands looking for the best spots and conditions for kite sessions, lessons and coaching. We will kite in Canouan, Mayreau, Tobago Cays, Petit Tabac, Union Island, Frigate Island, Mopion Island, Petit Saint Vincent, Carriacou and other secret spots.

DATES

Grenadines **1) 23 Dec – 02 Jan**

Grenadines **2) 04 Jan – 14 Jan**



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WHERE AND WHEN

Boarding and disembarkation at **Marina Le Marin, Martinique**

<https://goo.gl/maps/1jh6oYrAaDDJFxUWA>

Closest Airport: **Fort de France, FDF, Martinique**

Boarding: 14.00 @ First day 23 Dec, 4 Jan

Disembarkation: 09.00 @ Last Day 2 Jan, 14 Jan

Flights to Martinique has to be arranged at least the day before the boarding day (22 Dec, 03 Jan)

Nights of 22 Dec, 03 Jan are not onboard and have to be arranged in a hotel

Return flights from Martinique can be arranged the day of disembarkation (02 Jan, 14 Jan) after 12.00

IN THE CAMP

- **Kite and Sail Camp 10 days long**, onboard a **Lagoon 450 in The Grenadines Islands**
- **Coaching & Training** on how to kite from a sailing boat and managing unconventional kite spots, kite downwind, open sea passages and IKO safety procedures
- **Spot Guidance and Rescue**
- **3 Crew Members** managing Sailing and Kiting Activities and Food
- **Photos and Videos**, Drone, Reflex to improve kiting level through media analysis
- **Breakfast, Lunch, Dinner**
- **Wakefoil and Wakeboard** (light riders) on light wind days
- **Tender for Rescue and Assistance**
- **The Action Cruise ASD Annual Membership**



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ON REQUEST

- **Private Kite Lessons** for beginners, intermediate, advanced kites
- **Assistance Plus**
- North KB 2022/23 **Kite Gear, Wing Gear***

*Wing Gear on request, to be confirmed and agreed before departure

NOT IN THE CAMP

- **Flights and Transportation**
- **3 - 4 dinners outboard** on land
- **Alcoholic**

CAMP PARTICIPATION FEE and CONDITIONS

- **1 kiter in double cabin shared with another kiter: 3.350 euro**
50% at confirmation - 50% before 15 October
- **group of max 8 kites requesting a Camp with the entire catamaran: 24.000 euro (Lagoon 450, 8 kites max)**
30% at confirmation - 20% before 1 Sept - 50% before 15 October



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Cancellation Policy for Personal Reason

This policy applies to any reasons of cancellation by the member included Covid positivity or illness:

- Before 15 September, refund of the 90% of the amount paid
- Between 15 September and 15 October, refund of the 50% of the amount paid
- After 15 October refund not possible

The 10-euro annual Membership Fee is never refundable.

In any case The Action Cruise will make a reasonable effort to find a substitute kiter and to provide a partial refund voucher. The amount of the voucher is established by The Action Cruise. No voucher will be given if we are unsuccessful in finding a substitute kiter. The Action Cruise reserves the right to fill the place with a staff member or partner. In this case, no refunds will be provided.

SAILING AND KITING AREA

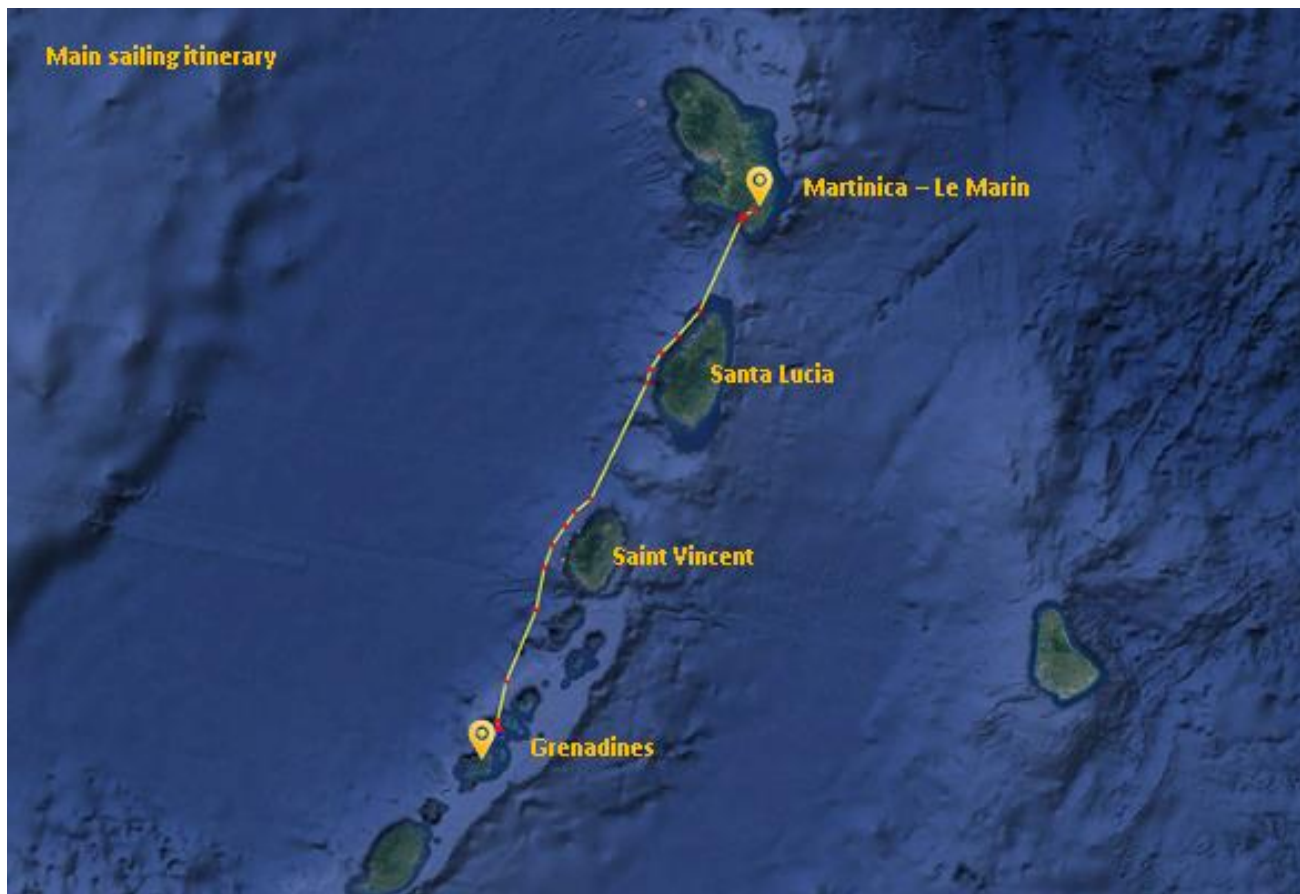
The Action Cruise Kite & Sail Camp in The Grenadines will start from Le Marin, Martinique. The Catamaran will sail through the islands of The Grenadines looking for the best spots with the most favorable conditions for kite sessions, lessons and coaching.

Canouan, Mayreau, Tobago Cays, Petit Tabac, Union Island, Frigate Island, Mopion Island, Petit Saint Vincent, Carriacou will be the spots.

Itineraries are not binding and the actual itinerary can be adjusted by the skipper because of unforeseen circumstances or other reasons like wind and weather conditions.



From Martinique to the Grenadines is a long sailing open water passage 120 nautical miles long. It will take from 12h to 20h according to wind and weather conditions. This passage can be wavy and rough.





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WEATHER AND WIND STATISTICS

The prevailing wind in the area is the NE Aliseo

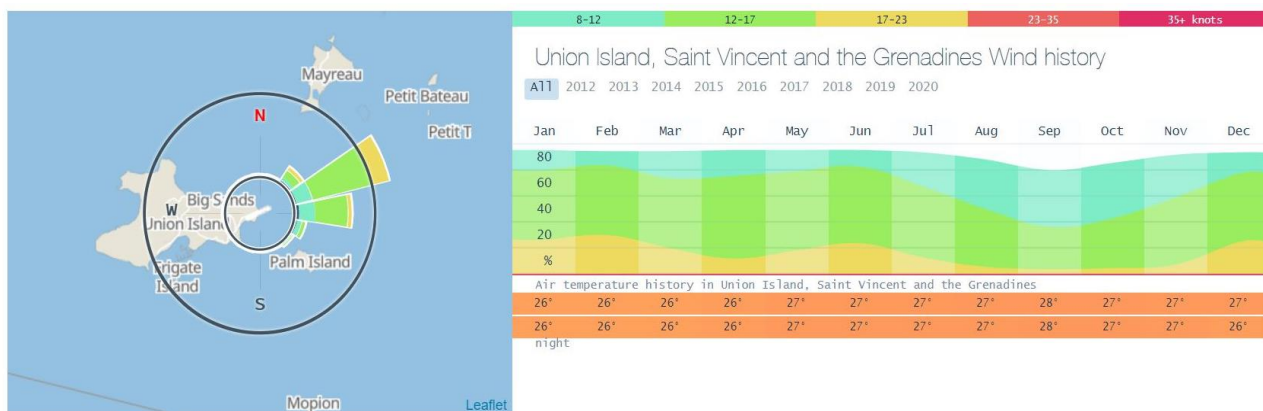
Strength: **12 – 25 kn**

Suggested equipment: **Kites from 9 m to 15 m for men and from 7 m to 12 m for girls**

Reef shoes strongly advised in particular for intermediate - beginners

Air temperature: 26 – 29 °C, waterproof and windproof light jacket advised

Water Temperature: 26 – 27 °C, **1-2 mm wetsuit advised**



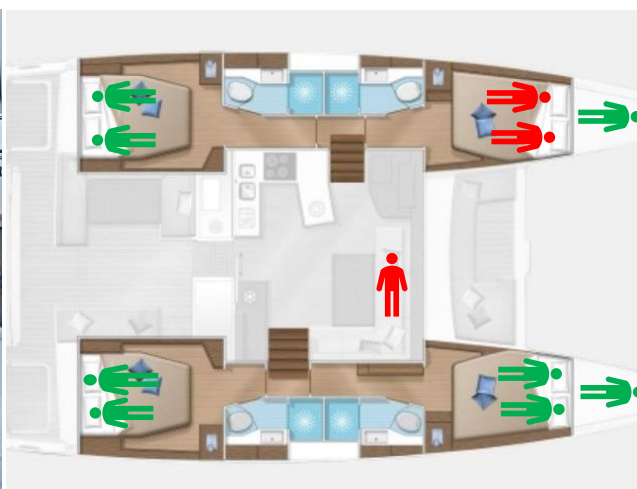
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CATAMARAN LAGOON 450

- Catamaran Lagoon 450, 45 feet, 14.5 m (built in 2013)
- **8 Kites + 3 Crew**
- **3 Double Cabins for Kites**
- **2 Single Cabins for Kites**
- **1 Double Cabin + 1 Dinette for Crew**
- 4 Toilettes with Showers
- Tender for lessons, coaching, rescue and assistance
- Watermaker
- Air Conditioning (used only in the marina)
- Inverter, Auxiliary Generator

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CREW ON BOARD Lagoon 450



Mattia

Captain - Skipper
IKO Kite Instructor
Sailing Instructor
Speaking Italian and English



Leon

IKO Kite Instructor
Sailing instructor
Speaking Italian, English and German



Jordane

IKO Kite Instructor Level 2
Managing food on board
Speaking French, English and Italian

KITING POLICY

Kiting level required

The Kite & Sail Camp in The Grenadines is open to kilters with an intermediate/advanced level: kilters need to be able to ride upwind consistently in every wind condition, control the kite on the land, body drag upwind, relaunch the kite from water, body drag to their lost board and self-land the kite with chicken loop quick release.

Kilters who are not confident with all the previous skills must declare their ability and **will take Beginner's Lessons or the Assistance Plus package during the camp.**



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Coaching and Rescue included in the Camp program

Coaching & Training on how to kite from a sailing boat and managing unconventional kite spots, kite downwind, open sea passages and IKO Safety Procedures is included in the Camp. The setting up, the taking off and the landing of the kite will be done sometimes from the catamaran, kite instructor will help and assist the kilters.

Kilters can count on the assistance of a 3,5 m, 15 hp tender. Tender is available for rescue and assistance in case of problems, not for lifting upwind kilters who are not able to kite upwind. In this case, kilters have to request Beginner's Lessons or the Assistance Plus package.

Lessons for Beginners on request

Lessons are carried out by IKO instructors. Students are assisted and followed by tender (safety boat) with radio communication via BB Talkin. Kite gear is provided by The Action Cruise (wetsuit and shoes are not provided). Max 1 beginner on board per period. It is possible to welcome more beginners only in case of group of kites requesting a camp with the entire catamaran. Beginner's lessons are delivered in the quantity of max 1h per day per beginner according to wind conditions and spot availability. More lessons are possible in case of groups of kites requesting a camp with the entire catamaran.

According to the availability of the local schools it is possible to have lessons for more than 1h/day at the local school's prices and conditions.

In Union Island lessons for beginners are possible only by the local schools not by The Action Cruise. In Mayreau lessons for beginners by The Action Cruise are possible according wind conditions and student ability. In Petit Tabac lessons for beginners are not possible by The Action Cruise.

Kite Lessons for beginner have to be booked in advanced and are subjected to availability.



Assistance Plus on request

For independent riders who need help to start from the onshore beaches or to come back to the offshore beaches or want to feel safer during days with challenging conditions or in technical spots. Assistance plus consists of 3 lifts per day.

Kite Gear on request

Kite gear is only for intermediate/advanced kites. Kite gear must be requested in advanced and is subjected to availability.

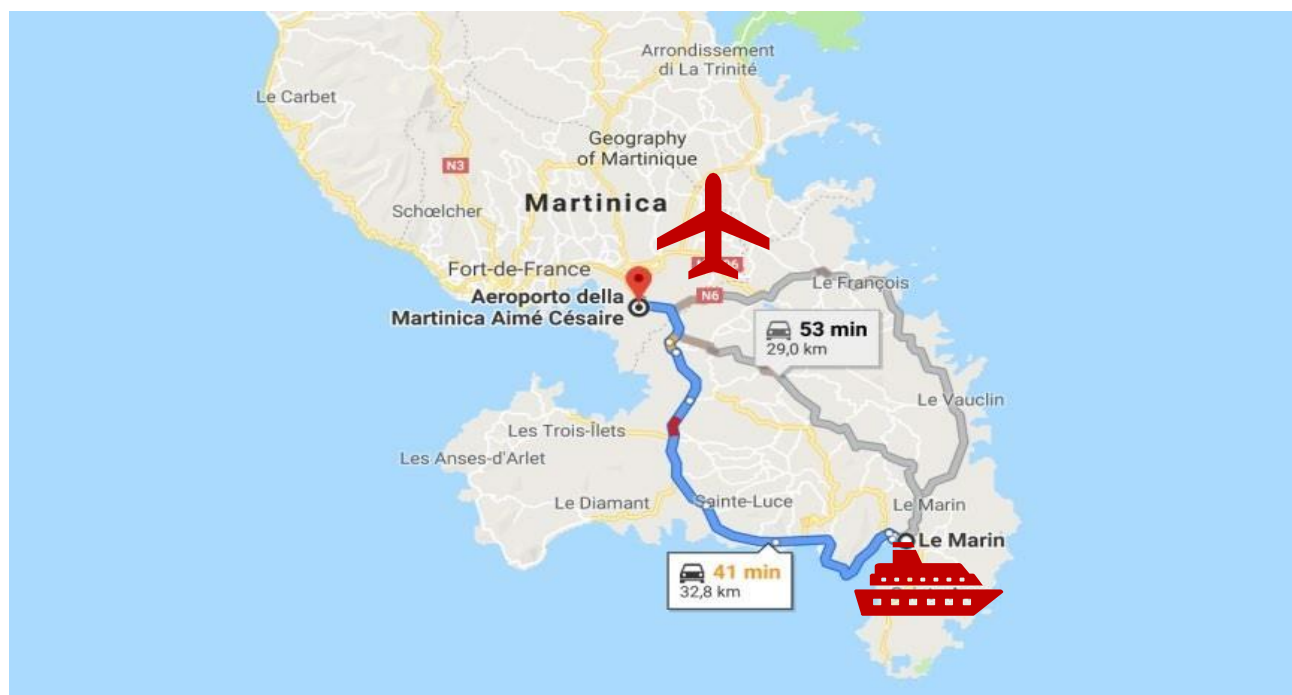
USEFULL TIPS AND INFO

How to get there

Fly to Fort de France, Martinique, FDF + 20 min Taxi for Le Marin Marina

FDF Airport is connected with Paris with 2 – 5 flights per day.

Flight and travel are not organized by The Action Cruise



Participation Requirements

- Valid Membership for The Action Cruise ASD for 2023-2024*
- Valid Health Certification for Sportive Activities
- Personal Medical Travel Insurance covering accidents, medical treatments and search and rescue
- **Valid Passport** with 4 pages free for stamps and **at least 6 months validity left from the last day of stay in SVG**
- No Covid restrictions as of July 2023, however please check the following links for updates: entrance regulation by SVG: <http://health.gov.vc/health/index.php/covid-19-protocols-documents> and by Martinique <https://www.martinique.gouv.fr/Politiques-publiques/Environnement-sante-publique/Sante/Informations-COVID-19/Les-transport/Air-travel-conditions-from-and-to-Martinique>
- Insurance covering damages to third parties during kitesurfing activities, mandatory ones:
 - Safetytool VDWS: www.vdws.de/it/safetytool
 - or
 - IKO kitesurfing Insurance: www.ikointl.com/kitesurf-insurance

*To request membership: www.theactioncruise.com/join

Joining the Camp as Solo Traveller

There are three possibilities for this Kite & Sail Camp:

- Small Single Cabin **3050 euro**
- Double Cabin shared with another kiter **3350 euro**
- Double Cabin dedicated **6500 euro**

Setup can be selected according to availability



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Small Single Cabin

As for the single cabin, keep in mind the following:

- It is well ventilated with 2 windows and has a little shelter to store personal items and clothes
- It doesn't have a private bathroom, you will share the toilet of the crew's or other kiter's cabin
- The access is only from the external deck throughout the hatch on the bow of the boat
- The cabin has no floor, when you will enter you will step-in directly on the mattress.
- There is little space to store clothes, you will have to keep them partly in the small cabin partly in a small bag in the living area

Joining the Camp as Beginner Kiter

In Case of Beginner Kiter joining the Camp there are 2 different cases:

- Beginner joining the Camp with a group of kites requesting the entire catamaran: it is possible to welcome on board more than one beginner, write to kite@theactioncruise.com for more info. Beginner's lessons are delivered in the quantity of max 1h - 2h per day per beginner according to wind and spot conditions.
- Beginner joining the Camp with other kites: the admission on board is related to how many beginners are already on board at the time of the request. Usually it is admitted only 1 beginner per period. Write to kite@theactioncruise.com for more info. Beginner's lessons are delivered in the quantity of max 1h per day per beginner according to wind and spot conditions.

What I will learn during the Camp

- IKO safety standards and procedures
- Different techniques on how to launch and land from a sailing boat
- How to define a spot to be suitable for anchoring the boat and kiting from the boat
- Self-launching, Self-landing, Self-rescue
- Safety procedures to manage unconventional spots like onshore, offshore, and tiny beaches
- How to plan and run a kite-downwind in open sea
- Safety procedures to rescue a kiter by the sailing boat in open sea
- Effective upwind body drag in very low or strong wind



Sailing Schedule

Grenadines 1) 23 Dec – 02 Jan

22 Dec or before | Flying to Martinique, 22 Dec night is not onboard
23 Dec - 14.00 | Check In in Le Marin Marina Martinique and Sailing to SVG. Night sailing (12-18h)
24 Dec | Arriving in SVG, custom operation in Union Island in the morning, kiting in the afternoon
25 Dec – 30 Dec | Kiting and Sailing in the Grenadines
31 Dec | Kiting in the morning, custom operation in Union Island and sailing to Martinique
01 Jan | Arrival in Martinique after the night sailing and entering Le Marin Marina before 16.00
02 Jan - 9.00 | Chk Out in Le Marin Marina, Martinique

Grenadines 2) 04 Jan – 14 Jan

3 Jan or before | Flying to Martinique, 3 Jan night is not onboard
4 Jan - 14.00 | Check In in Le Marin Marina, Martinique and Sailing to SVG, night sailing (12-18h)
5 Jan | Arriving in SVG, custom operation in Union Island in the morning, kiting in the afternoon
6 Jan – 11 Jan | Kiting and Sailing in the Grenadines
12 Jan | Kiting in the morning, custom operation in Union Island and sailing to Martinique
13 Jan | Arrival in Martinique after the night sailing and entering Le Marin Marina before 16.00
14 Jan - 9.00 | Chk Out in Le Marin Marina, Martinique

CONTACTS

Federico: +39 349 32 76 747

Mattia: +39 347 99 46 936

kite@theactioncruise.com

www.theactioncruise.com/grenadines

www.instagram.com/theactioncruise

www.facebook.com/theactioncruise

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